

Wayfarer Training Camp

Conestoga Sailing Club

June 18, 2016

Saturday June 18

8-9:00am	Rig Boats/Change
9:00am	Onshore Briefing/Launch
10:00am	<u>Water Session #1</u> 1.) Tacks/Gybes 2.) Accelerations 3.) Starts Drills
12:00pm	Lunch & Video Debrief
1:00pm	Launch
1:30pm	<u>Water Session #2</u> 1.) Starts Con't 2.) Mark Rounding 3.) Races
4:00pm	Video Debrief
5:00pm	Final Thoughts